

Resources Available



The Adolescent Pregnancy Prevention Initiative
WV Department of Health and Human Resources
Bureau for Public Health
Office of Maternal, Child and Family Health



DVDs

- 🌐 **Toothpaste**- This DVD deals with **dating, pregnancy prevention, communication, self-esteem, friendship and commitment**. Best friends Jennifer and Christina discuss their ideas on what constitutes a relationship that is healthy enough for sex and its corresponding responsibilities. Written by high school seniors Gladys Sanchez, Laura Coria, Kristal Villarreal and Amanda Ramirez, from Mission, Texas in the Rio Grande Valley. Discussion guide is included. Running time: 16 minutes.
- 🌐 **RealityWorks – RealCare Curriculum is available in limited quantities to borrow, for review, from the APPI Director. Information is available to purchase this and other programs from their website www.realityworks.com.** Healthy Choices is an abstinence-based, comprehensive curriculum focusing on teen pregnancy prevention. This curriculum covers relationships, self-esteem, sexuality and family planning. It is designed for use with middle or high school students. The 17 lessons are broken into three units discussing a variety of topics such as: peer pressure, refusal skills and goal setting. The program also includes information about both male and female reproductive systems, contraception, pregnancy risks and sexually transmitted infection prevention.
- 🌐 **MTVs 16 and Pregnant – season 1 and 2 is available in limited quantities to borrow, for review, from the APPI director. Information is available to purchase this program from The National Campaign to Prevent Teen and Unplanned Pregnancy <http://www.thenationalcampaign.org/>.** These CDs contain featured sections from the program *16 and Pregnant*, along with discussion guides and suggestions for lessons using the episodes during each season.

Literature

- 🌐 Before You Date an Older Guy
- 🌐 Birth Control – 10 things a man can do
- 🌐 How at Risk Are You? Sexual Exposure Chart
- 🌐 101 Ways to Make Love Without Doing It
- 🌐 Trust Betrayed
- 🌐 Male Self-Exam
- 🌐 Family Planning Program Brochure
- 🌐 Talking to Your Young Teen About Sex and Sexuality
- 🌐 101 Ways Adults Can Prevent Teen Pregnancy

Postcards

- 🌐 They Need Their Parents
- 🌐 Dad, We Used to Talk All the Time
- 🌐 Mom, We Used to Talk All the Time
- 🌐 10 Steps to Consequences

Posters

- 🌐 10 Steps to Consequences